

PE Overview 2019-20

Mrs Herring	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Y3	Tag Rugby	Hockey	Gymnastics	Dance	Tennis/ swimming	Tennis/ swimming
Y4	Tag Rugby	Hockey	Gymnastics	Dance	Tennis/ swimming	Tennis/ swimming
Y5	Tag Rugby	Hockey	Gymnastics	Dance	Tennis/ swimming	Tennis/ swimming
Y6	Tag Rugby	Hockey	Gymnastics	Dance	Tennis/ swimming	Tennis/ swimming

Class Teachers	Term 1	Term 2	Term 3	Term 4	Term 5 -	Term 6
Y3	FMS/HRF	Netball	Football	Cricket	Athletics	Athletics*
Y4	FMS/HRF	Netball	Football	Cricket	Athletics	Athletics*
Y5	FMS/HRF	Netball	Football	Cricket	Athletics	Athletics*
Y6	FMS/HRF	Netball	Football	Cricket	Athletics	Athletics*

FMS = Fundamental Movement Skills (activities based around Agility, Balance, Co-ordination, Strength and Flexibility)

HRF - Health related fitness (activities that impact children's fitness e.g. circuits, mile run, bleep test etc)

*Rather than doing a whole term of Orienteering it will fit in Term 6, alongside Athletics, where you have gaps.